

Health check-up camp for elders

Students of class XI – A of Maharaja Agrasen Vidyalaya, Ahmedabad paid a visit to Niramay Tirth Hospital, Bhagwat Vidhyapeeth Sanchalit, Sola, Ahmedabad to organize regular health check-up for people of old age home. After they reached the hospital, they set everything ready for the doctors and old people. All the students went to convince the elderly people to attend the health check-up and they also encouraged people of old age home for such regular health check ups. There were 33 elderly people who attended the camp and got their health checked. Vidyalaya provided transport services to bring the people from old age home to hospital.

A team of doctors participated voluntarily. There was a physician, Dr. Ameet Soni, A physiotherapist, Shivangi Potnis, a homeopath, Dr. Komal, A Dentist, Dr. Meet Ramatri, an Ophthalmologist, Dr. Shirish Patel and a technician Bipin Jha. The Grandpas and



Grannies, were asked about their health problems which were soon resolved by medications, change in eating habits, practicing Yoga and exercise daily and much more. The elders encouraged and blessed the students with their motivational and experienced words full of wisdom. They were very enthusiastic and same were healthy and fit too.

Spirit of elderly people were filled with joy and contentment when students played some games with them like passing the parcel and making garlands of thermocol balls.

Students also distributed gifts to the winners. They were very happy and cheerful when students helped them in their health checkup.

How can a person leave his or her parents all alone? The person who have raised them, the parents who care for them, the parents who want to be with them. I realized that in this modern world, people are so busy with their work that they tend to forget for whom they are doing it. A verse from the Bible says, "Do unto others as you would have them do unto you".

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